

| Platz | Name, Vorname         | Jg | Verein / BSG / Ort           | Schwimmen | Pos<br>S | Rad       | Pos<br>R | Zwischen-<br>zeit | Pos<br>ZZ | Laufen    | Pos<br>L | Gesamtzeit | Alters-<br>klasse | Start-<br>Nr. |
|-------|-----------------------|----|------------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 1     | Schönke, Fabian       | 03 | RSC-Lüneburg Triathlon       | 0:07:12 h | 1        | 0:38:25 h | 2        | 0:45:37 h         | 2         | 0:16:25 h | 1        | 1:02:02 h  | M AK 20           | 780           |
| 2     | Schnödewind, Lukas    | 96 | Sportteam corpus.med         | 0:07:32 h | 2        | 0:37:34 h | 1        | 0:45:06 h         | 1         | 0:17:45 h | 3        | 1:02:51 h  | M AK 25           | 701           |
| 3     | Wieth, Jannes         | 04 | RSC-Lüneburg Triathlon       | 0:07:55 h | 3        | 0:38:46 h | 3        | 0:46:41 h         | 3         | 0:17:19 h | 2        | 1:04:00 h  | M JUN             | 781           |
| 4     | Wichmann, Leif Erik   | 03 | Triathlonverein Dänischer Wc | 0:08:46 h | 5        | 0:39:54 h | 4        | 0:48:40 h         | 4         | 0:20:03 h | 9        | 1:08:43 h  | M AK 20           | 764           |
| 5     | Richter, Steffen      | 79 | Athletico Büdelsdorf         | 0:10:24 h | 25       | 0:40:38 h | 5        | 0:51:02 h         | 5         | 0:19:28 h | 6        | 1:10:30 h  | M AK 40           | 775           |
| 6     | Schreiber, Torsten    | 79 | Eckernförder MTV             | 0:09:00 h | 6        | 0:42:43 h | 7        | 0:51:43 h         | 6         | 0:19:06 h | 5        | 1:10:49 h  | M AK 40           | 733           |
| 7     | Reiter, Arvid         | 94 | TSV Schleswig                | 0:09:32 h | 11       | 0:42:55 h | 8        | 0:52:27 h         | 7         | 0:19:55 h | 7        | 1:12:22 h  | M AK 25           | 740           |
| 8     | Lange, Clemens        | 98 | Mare aktiv                   | 0:10:43 h | 29       | 0:42:30 h | 6        | 0:53:13 h         | 9         | 0:20:04 h | 10       | 1:13:17 h  | M AK 25           | 777           |
| 9     | Wesselmann, Holger    | 90 | Ohne                         | 0:09:20 h | 8        | 0:44:51 h | 13       | 0:54:11 h         | 11        | 0:19:59 h | 8        | 1:14:10 h  | M AK 30           | 750           |
| 10    | Christensen, Per Lund | 90 | RG Uni HH                    | 0:11:26 h | 40       | 0:44:37 h | 12       | 0:56:03 h         | 20        | 0:18:16 h | 4        | 1:14:19 h  | M AK 30           | 784           |
| 11    | Wichmann, Lena        | 06 | SG Athletico Büdelsdorf      | 0:08:40 h | 4        | 0:45:22 h | 17       | 0:54:02 h         | 10        | 0:20:55 h | 14       | 1:14:57 h  | W JA              | 857           |
| 12    | Steppat, Valentin     | 91 | HBS CT                       | 0:09:53 h | 14       | 0:42:56 h | 9        | 0:52:49 h         | 8         | 0:23:10 h | 31       | 1:15:59 h  | M AK 30           | 711           |
| 13    | Tobian, Mayra         | 98 | SG Athletico Büdelsdorf      | 0:09:22 h | 9        | 0:45:55 h | 22       | 0:55:17 h         | 14        | 0:20:46 h | 13       | 1:16:03 h  | W AK 25           | 861           |
| 14    | Richter, Rhea         | 86 | Athletico Büdelsdorf         | 0:10:46 h | 30       | 0:45:03 h | 14       | 0:55:49 h         | 19        | 0:20:43 h | 12       | 1:16:32 h  | W AK 35           | 871           |
| 15    | Frühling, Christian   | 83 | RV Waltrop                   | 0:10:02 h | 18       | 0:45:39 h | 19       | 0:55:41 h         | 18        | 0:21:29 h | 18       | 1:17:10 h  | M AK 40           | 735           |
| 16    | Heesch, Frederik      | 85 | Eckernförder MTV             | 0:10:16 h | 23       | 0:44:20 h | 11       | 0:54:36 h         | 12        | 0:22:40 h | 25       | 1:17:16 h  | M AK 35           | 766           |
| 17    | Sticken, Gunnar       | 74 | kein                         | 0:09:34 h | 13       | 0:45:43 h | 20       | 0:55:17 h         | 14        | 0:22:10 h | 20       | 1:17:27 h  | M AK 45           | 725           |
| 18    | Janke, Tim            | 90 | USC Kiel                     | 0:09:26 h | 10       | 0:46:45 h | 26       | 0:56:11 h         | 23        | 0:21:25 h | 16       | 1:17:36 h  | M AK 30           | 709           |
| 19    | Hauke, Uwe            | 65 | Eintracht Frankfurt          | 0:10:14 h | 21       | 0:45:10 h | 16       | 0:55:24 h         | 17        | 0:22:15 h | 21       | 1:17:39 h  | M AK 55           | 767           |
| 20    | Poser, Sebastian      | 84 | Hamburg                      | 0:09:16 h | 7        | 0:45:25 h | 18       | 0:54:41 h         | 13        | 0:23:15 h | 32       | 1:17:56 h  | M AK 35           | 746           |
| 21    | Wendt, Mario          | 73 | LBV Phönix Lübeck            | 0:11:21 h | 39       | 0:45:53 h | 21       | 0:57:14 h         | 26        | 0:21:19 h | 15       | 1:18:33 h  | M AK 50           | 774           |
| 22    | Müller, Felix         | 02 | DLRG Dahme-Spreewald         | 0:10:01 h | 16       | 0:46:09 h | 23       | 0:56:10 h         | 21        | 0:22:24 h | 22       | 1:18:34 h  | M AK 20           | 730           |
| 23    | Hoff, Daniel          | 85 |                              | 0:13:02 h | 52       | 0:43:08 h | 10       | 0:56:10 h         | 21        | 0:23:02 h | 30       | 1:19:12 h  | M AK 35           | 706           |
| 24    | Reich, Ronald         | 64 | TriTeam Neumünster           | 0:09:33 h | 12       | 0:47:08 h | 27       | 0:56:41 h         | 24        | 0:23:17 h | 33       | 1:19:58 h  | M AK 55           | 717           |
| 25    | Küsel, Benjamin       | 82 | TriEMTV                      | 0:10:32 h | 27       | 0:46:37 h | 24       | 0:57:09 h         | 25        | 0:22:53 h | 28       | 1:20:02 h  | M AK 40           | 719           |
| 26    | Balzer, Sven          | 72 | SG Athletico Büdelsdorf      | 0:10:12 h | 20       | 0:45:08 h | 15       | 0:55:20 h         | 16        | 0:24:51 h | 46       | 1:20:11 h  | M AK 50           | 754           |
| 27    | Breidenbicher, Daniel | 72 | Sparkasse Mittelholstein AG  | 0:10:01 h | 16       | 0:47:29 h | 29       | 0:57:30 h         | 27        | 0:22:42 h | 26       | 1:20:12 h  | M AK 50           | 714           |
| 28    | Dose, Karsten         | 66 | SV Fortuna Bösdorf           | 0:10:14 h | 21       | 0:47:35 h | 30       | 0:57:49 h         | 29        | 0:22:33 h | 24       | 1:20:22 h  | M AK 55           | 791           |
| 29    | Weinzierl, Nono       | 90 | Triabolos Triathlon Hamburg  | 0:09:55 h | 15       | 0:48:19 h | 33       | 0:58:14 h         | 31        | 0:22:43 h | 27       | 1:20:57 h  | M AK 30           | 768           |
| 30    | Jahn, Jan-Henrik      | 90 | USC Kiel                     | 0:11:03 h | 34       | 0:49:22 h | 35       | 1:00:25 h         | 34        | 0:21:45 h | 19       | 1:22:10 h  | M AK 30           | 723           |
| 31    | Dannenber, Hans-Peter | 62 | SG Athletico Büdelsdorf      | 0:10:53 h | 32       | 0:46:38 h | 25       | 0:57:31 h         | 28        | 0:24:56 h | 49       | 1:22:27 h  | M AK 60           | 737           |
| 32    | Molatta, Moritz       | 99 | Kaltenkirchener TS Triathlon | 0:11:15 h | 38       | 0:49:55 h | 36       | 1:01:10 h         | 35        | 0:21:25 h | 16       | 1:22:35 h  | M AK 20           | 726           |
| 33    | Schrum, Stefan        | 69 | SG Athletico Büdelsdorf      | 0:11:07 h | 36       | 0:47:28 h | 28       | 0:58:35 h         | 32        | 0:25:06 h | 50       | 1:23:41 h  | M AK 50           | 762           |
| 34    | Mrugalla, Martin      | 60 | Mare-Klinikum                | 0:10:09 h | 19       | 0:47:41 h | 31       | 0:57:50 h         | 30        | 0:25:53 h | 56       | 1:23:43 h  | M AK 60           | 707           |
| 35    | Petersen, Nils Ole    | 97 | DLRG Fockbek                 | 0:10:36 h | 28       | 0:51:36 h | 41       | 1:02:12 h         | 36        | 0:22:28 h | 23       | 1:24:40 h  | M AK 25           | 773           |
| 36    | Rullmann, Henning     | 85 | Erdinger Active Team         | 0:11:32 h | 42       | 0:50:56 h | 37       | 1:02:28 h         | 38        | 0:22:58 h | 29       | 1:25:26 h  | M AK 35           | 703           |
| 37    | Kühle, Oliver         | 70 | Eckernförder MTV             | 0:11:30 h | 41       | 0:51:01 h | 38       | 1:02:31 h         | 39        | 0:23:31 h | 34       | 1:26:02 h  | M AK 50           | 765           |
| 38    | Krüger, Carsten       | 79 | Eckernförder MTV             | 0:12:10 h | 45       | 0:54:04 h | 58       | 1:06:14 h         | 50        | 0:20:32 h | 11       | 1:26:46 h  | M AK 40           | 742           |
| 39    | Gürgen, Mehmet        | 75 | mechi TriTeam                | 0:13:59 h | 62       | 0:48:17 h | 32       | 1:02:16 h         | 37        | 0:24:55 h | 47       | 1:27:11 h  | M AK 45           | 739           |
| 40    | Klatt, Marcus         | 79 | SV Sülfeld                   | 0:13:25 h | 56       | 0:51:17 h | 39       | 1:04:42 h         | 44        | 0:23:32 h | 35       | 1:28:14 h  | M AK 40           | 771           |

| Platz | Name, Vorname          | Jg | Verein / BSG / Ort            | Schwimmen | Pos<br>S | Rad       | Pos<br>R | Zwischen-<br>zeit | Pos<br>ZZ | Laufen    | Pos<br>L | Gesamtzeit | Alters-<br>klasse | Start-<br>Nr. |
|-------|------------------------|----|-------------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 41    | Fabig, Sigurd          | 61 | Husumer Sport Verein seit 18  | 0:10:16 h | 23       | 0:48:27 h | 34       | 0:58:43 h         | 33        | 0:30:08 h | 85       | 1:28:51 h  | M AK 60           | 758           |
| 42    | Neugebauer, Lars       | 72 | Fri Ööwingsfloose             | 0:10:54 h | 33       | 0:52:42 h | 47       | 1:03:36 h         | 41        | 0:25:35 h | 53       | 1:29:11 h  | M AK 50           | 790           |
| 43    | Petersen, Insa         | 99 | DLRG Fockbek                  | 0:10:26 h | 26       | 0:53:10 h | 49       | 1:03:36 h         | 41        | 0:25:46 h | 55       | 1:29:22 h  | W AK 20           | 870           |
| 44    | Kruse, Sebastian       | 83 | Torpedo Hamburg               | 0:11:07 h | 36       | 0:52:23 h | 45       | 1:03:30 h         | 40        | 0:26:27 h | 63       | 1:29:57 h  | M AK 40           | 779           |
| 45    | Wolff, Bernd           | 70 | FC St. Pauli Triathlon        | 0:13:59 h | 62       | 0:51:24 h | 40       | 1:05:23 h         | 46        | 0:25:06 h | 50       | 1:30:29 h  | M AK 50           | 776           |
| 46    | Berger, Ralf           | 64 | Nordwind Wassersport e.V.     | 0:12:11 h | 46       | 0:54:30 h | 64       | 1:06:41 h         | 54        | 0:23:55 h | 37       | 1:30:36 h  | M AK 55           | 728           |
| 47    | Ridderbusch, Klaus     | 65 | Selbststarter                 | 0:12:15 h | 47       | 0:54:01 h | 57       | 1:06:16 h         | 51        | 0:24:27 h | 43       | 1:30:43 h  | M AK 55           | 757           |
| 48    | Fock, Tim              | 02 | TSV Weddelbrook               | 0:13:29 h | 58       | 0:53:22 h | 52       | 1:06:51 h         | 55        | 0:24:07 h | 40       | 1:30:58 h  | M AK 20           | 763           |
| 49    | Voigt, Jan             | 66 | Schleswig Holstein Netz Triat | 0:14:23 h | 66       | 0:51:44 h | 42       | 1:06:07 h         | 49        | 0:24:55 h | 47       | 1:31:02 h  | M AK 55           | 718           |
| 50    | Wolst, Tobias          | 02 | RTSV                          | 0:10:47 h | 31       | 0:53:19 h | 51       | 1:04:06 h         | 43        | 0:27:08 h | 69       | 1:31:14 h  | M AK 20           | 727           |
| 51    | Haucke, Mara Josephine | 06 | kein Verein                   | 0:12:48 h | 49       | 0:52:35 h | 46       | 1:05:23 h         | 46        | 0:26:52 h | 68       | 1:32:15 h  | W JA              | 860           |
| 52    | Hansen, Holger         | 78 | Rocket                        | 0:14:38 h | 69       | 0:53:32 h | 54       | 1:08:10 h         | 56        | 0:24:09 h | 41       | 1:32:19 h  | M AK 45           | 778           |
| 53    | Tüx, Emma Luise        | 00 | Kein Verein                   | 0:11:33 h | 43       | 0:56:51 h | 73       | 1:08:24 h         | 57        | 0:23:56 h | 38       | 1:32:20 h  | W AK 20           | 867           |
| 54    | Jürgensen, Alexander   | 91 | SSV Schafflund                | 0:13:18 h | 55       | 0:51:59 h | 44       | 1:05:17 h         | 45        | 0:27:23 h | 70       | 1:32:40 h  | M AK 30           | 713           |
| 55    | Hunold, Michael        | 65 | MTV Burg                      | 0:13:36 h | 59       | 0:52:57 h | 48       | 1:06:33 h         | 53        | 0:26:41 h | 67       | 1:33:14 h  | M AK 55           | 729           |
| 56    | Grönwoltd, Larn        | 86 | Bredenbeker Renntiere         | 0:14:50 h | 70       | 0:54:10 h | 60       | 1:09:00 h         | 62        | 0:24:37 h | 44       | 1:33:37 h  | M AK 35           | 751           |
| 57    | Quennet, Rike          | 91 | Trikitz                       | 0:17:54 h | 90       | 0:51:52 h | 43       | 1:09:46 h         | 65        | 0:24:41 h | 45       | 1:34:27 h  | W AK 30           | 868           |
| 58    | Winkel, Bastin         | 99 | Privat                        | 0:16:38 h | 87       | 0:54:08 h | 59       | 1:10:46 h         | 69        | 0:23:50 h | 36       | 1:34:36 h  | M AK 20           | 748           |
| 59    | Wood, Blair            | 64 | EvoTri                        | 0:14:13 h | 64       | 0:54:29 h | 62       | 1:08:42 h         | 59        | 0:25:59 h | 57       | 1:34:41 h  | M AK 55           | 789           |
| 60    | Reusch, Torge          | 78 | Gärtnerei Reusch              | 0:16:21 h | 84       | 0:54:29 h | 62       | 1:10:50 h         | 70        | 0:24:14 h | 42       | 1:35:04 h  | M AK 45           | 752           |
| 61    | Sell, Sammy            | 81 | PerCom Druck- und Vertriebs   | 0:15:27 h | 76       | 0:53:24 h | 53       | 1:08:51 h         | 60        | 0:26:17 h | 61       | 1:35:08 h  | M AK 40           | 702           |
| 62    | von Lanken, Svenja     | 73 | TSV Schleswig                 | 0:15:08 h | 74       | 0:53:48 h | 56       | 1:08:56 h         | 61        | 0:27:27 h | 74       | 1:36:23 h  | W AK 50           | 856           |
| 63    | Johannsen, Stefan      | 79 | Triathlon Team Eisenhart      | 0:11:51 h | 44       | 0:53:35 h | 55       | 1:05:26 h         | 48        | 0:31:09 h | 88       | 1:36:35 h  | M AK 40           | 704           |
| 64    | Besler, Wolfgang       | 61 | Eckernförder MTV              | 0:14:35 h | 68       | 0:54:33 h | 65       | 1:09:08 h         | 63        | 0:28:03 h | 75       | 1:37:11 h  | M AK 60           | 782           |
| 65    | Beckendorf, Daniel     | 83 | sag ich nicht :-P             | 0:13:52 h | 61       | 0:57:13 h | 75       | 1:11:05 h         | 73        | 0:26:08 h | 59       | 1:37:13 h  | M AK 40           | 715           |
| 66    | Dunkel, Kristina       | 78 | SG Wasserratten Norderstedt   | 0:13:07 h | 54       | 0:53:16 h | 50       | 1:06:23 h         | 52        | 0:30:55 h | 86       | 1:37:18 h  | W AK 45           | 852           |
| 67    | Gripp, Kevin           | 92 | Der letzte Mohikaner          | 0:13:49 h | 60       | 0:56:35 h | 70       | 1:10:24 h         | 68        | 0:27:24 h | 72       | 1:37:48 h  | M AK 30           | 716           |
| 68    | Secci, Diana           | 83 |                               | 0:13:26 h | 57       | 0:55:00 h | 67       | 1:08:26 h         | 58        | 0:30:07 h | 84       | 1:38:33 h  | W AK 40           | 841           |
| 69    | Brown, Jannek-Marcel   | 95 | kein Verein                   | 0:14:57 h | 73       | 0:56:34 h | 69       | 1:11:31 h         | 74        | 0:27:23 h | 70       | 1:38:54 h  | M AK 25           | 724           |
| 69    | Harders, Jan           | 78 | Kein Verein                   | 0:16:04 h | 80       | 0:56:18 h | 68       | 1:12:22 h         | 75        | 0:26:32 h | 65       | 1:38:54 h  | M AK 45           | 770           |
| 71    | Titze, Josefine        | 86 | Team Ewald                    | 0:16:02 h | 79       | 0:54:10 h | 60       | 1:10:12 h         | 67        | 0:28:47 h | 78       | 1:38:59 h  | W AK 35           | 864           |
| 72    | Kemmner, Timo          | 87 | WAP Boardriders Club FL       | 0:13:05 h | 53       | 0:57:46 h | 78       | 1:10:51 h         | 71        | 0:28:16 h | 76       | 1:39:07 h  | M AK 35           | 731           |
| 73    | Pieper, Thorsten       | 84 | Ruderabteilung TSV Otterndc   | 0:16:22 h | 85       | 0:56:36 h | 72       | 1:12:58 h         | 76        | 0:26:38 h | 66       | 1:39:36 h  | M AK 35           | 738           |
| 74    | Petersen, Dr. Olaf     | 66 | DLRG Fockbek                  | 0:14:13 h | 64       | 0:59:12 h | 81       | 1:13:25 h         | 77        | 0:26:19 h | 62       | 1:39:44 h  | M AK 55           | 772           |
| 75    | Tüx, Johanna           | 98 | kein Verein                   | 0:14:29 h | 67       | 1:01:13 h | 84       | 1:15:44 h         | 84        | 0:24:03 h | 39       | 1:39:45 h  | W AK 25           | 866           |
| 76    | Vanini, Jonah          | 01 | FT Vorwärts Kiel              | 0:17:11 h | 88       | 0:57:33 h | 77       | 1:14:42 h         | 82        | 0:25:21 h | 52       | 1:40:05 h  | M AK 20           | 721           |
| 76    | Spalding, Jonas        | 99 | Privat                        | 0:16:08 h | 82       | 0:54:43 h | 66       | 1:10:51 h         | 71        | 0:29:14 h | 79       | 1:40:05 h  | M AK 20           | 741           |
| 78    | Stangl, Lisbeth        | 03 | DannenbergTraining            | 0:13:01 h | 51       | 1:01:26 h | 85       | 1:14:27 h         | 78        | 0:25:39 h | 54       | 1:40:06 h  | W AK 20           | 869           |
| 79    | Hufenreuter, Albert    | 66 | Lufthansa BSV Hamburg         | 0:14:56 h | 72       | 0:59:38 h | 82       | 1:14:34 h         | 81        | 0:27:26 h | 73       | 1:42:00 h  | M AK 55           | 788           |
| 80    | Wobser, Thomas         | 69 | Sparkasse Mittelholstein AG   | 0:12:16 h | 48       | 0:57:00 h | 74       | 1:09:16 h         | 64        | 0:33:10 h | 89       | 1:42:26 h  | M AK 50           | 755           |

| Platz | Name, Vorname          | Jg | Verein / BSG / Ort      | Schwimmen | Pos<br>S | Rad       | Pos<br>R | Zwischen-<br>zeit | Pos<br>ZZ | Laufen    | Pos<br>L | Gesamtzeit | Alters-<br>klasse | Start-<br>Nr. |
|-------|------------------------|----|-------------------------|-----------|----------|-----------|----------|-------------------|-----------|-----------|----------|------------|-------------------|---------------|
| 81    | Marian, Niklas         | 99 | BMW-Team                | 0:15:30 h | 77       | 1:01:04 h | 83       | 1:16:34 h         | 85        | 0:26:28 h | 64       | 1:43:02 h  | M AK 20           | 749           |
| 82    | Marian, Burkhard       | 63 | BMW-Team                | 0:17:58 h | 91       | 0:56:35 h | 70       | 1:14:33 h         | 80        | 0:29:28 h | 81       | 1:44:01 h  | M AK 60           | 747           |
| 83    | Schirmeyer, Dr. Stefan | 64 | VfL Pinneberg Triathlon | 0:11:05 h | 35       | 0:58:52 h | 80       | 1:09:57 h         | 66        | 0:35:05 h | 94       | 1:45:02 h  | M AK 55           | 744           |
| 84    | Andresen, Kathrin      | 92 | best friends            | 0:16:09 h | 83       | 1:04:21 h | 93       | 1:20:30 h         | 92        | 0:26:11 h | 60       | 1:46:41 h  | W AK 30           | 842           |
| 85    | Ketels, Rauert         | 86 | rki-foehr.de            | 0:20:01 h | 94       | 0:57:14 h | 76       | 1:17:15 h         | 87        | 0:29:44 h | 82       | 1:46:59 h  | M AK 35           | 736           |
| 86    | Koll, Linus            | 07 | Team Honk               | 0:18:39 h | 92       | 1:02:33 h | 92       | 1:21:12 h         | 94        | 0:26:05 h | 58       | 1:47:17 h  | M JA              | 785           |
| 87    | Griese, Tina           | 78 | T.Maurer                | 0:14:55 h | 71       | 1:02:00 h | 88       | 1:16:55 h         | 86        | 0:30:59 h | 87       | 1:47:54 h  | W AK 45           | 853           |
| 88    | Bohn, Bianka           | 81 | kein                    | 0:16:07 h | 81       | 1:02:17 h | 90       | 1:18:24 h         | 88        | 0:30:01 h | 83       | 1:48:25 h  | W AK 40           | 858           |
| 89    | Bredenkamp, Sönke      | 72 | Privat                  | 0:15:51 h | 78       | 0:58:41 h | 79       | 1:14:32 h         | 79        | 0:33:59 h | 92       | 1:48:31 h  | M AK 50           | 787           |
| 90    | Jensson, Urs           | 73 | VKP                     | 0:17:52 h | 89       | 1:02:29 h | 91       | 1:20:21 h         | 90        | 0:28:36 h | 77       | 1:48:57 h  | M AK 50           | 786           |
| 91    | Abeln, Katrin          | 92 | KRAFT                   | ---       | ---      | ---       | ---      | 1:20:51 h         | 93        | 0:29:21 h | 80       | 1:50:12 h  | W AK 30           | 859           |
| 92    | Coban, Inan Tolga      | 93 |                         | 0:13:00 h | 50       | 1:02:10 h | 89       | 1:15:10 h         | 83        | 0:35:49 h | 95       | 1:50:59 h  | M AK 30           | 743           |
| 93    | Spreckels, Frank       | 71 | FC St. Pauli            | 0:16:29 h | 86       | 1:01:59 h | 87       | 1:18:28 h         | 89        | 0:34:48 h | 93       | 1:53:16 h  | M AK 50           | 783           |
| 94    | Oelrichs, Jessica      | 92 | best friends            | 0:15:17 h | 75       | 1:05:08 h | 94       | 1:20:25 h         | 91        | 0:33:14 h | 90       | 1:53:39 h  | W AK 30           | 843           |
| 95    | Wulf, Kara-Mareike     | 04 | SG Athletico Büdelsorf  | 0:19:39 h | 93       | 1:01:43 h | 86       | 1:21:22 h         | 95        | 0:33:48 h | 91       | 1:55:10 h  | W JUN             | 854           |